Minerals and trace elements analysis in food

Definition:

- constituents of ash of the food sample (a residue remaining after total oxidation of organic matter)
- major mineral elements: K, Na, Mg, Ca, P, Cl
- trace elements: Fe, Zn, Cu, Mn, Ni, Co, Mo, Cr, V, Se, I, F, B, Si, Pb, Cd, Hg, As, Al, Sn...

Why these elements are determined?

- to know and evaluate the composition of food or agricultural products or another raw material from nutritional point of view natural content of essential elements fortification of food product by compounds of Fe, Ca...
- to check food safety content of toxic elements (Pb, Cd, Hg, As etc.)
- to control some technologically important properties of raw material or the final product

Ash

- a rough indicator of the total content of mineral elements
- gravimetric determination of sample ash after sample charring and flameless combustion (ignition in a porcelain crucible at 500-600°C)
- insoluble ash (= a portion of ash insoluble in 10 % HCl it contains mostly silicates) – determined gravimetrically
- conductometric determination of ash

Analytical procedure applied for element's determination

- sample preparation, preparation of blank samples (mostly sample decomposition)
- (separation and preconcentration of the element)
- measurement of element's concentrations in treated samples and blanks
- data treatment
 - calculation of detection and quantification limits
 - calculation of the element content in the samples

Ways of sample preparation

when a conventional (destructive) method is to be used

- decomposition
- extraction by diluted acids (HCl, HNO₃, EDTA)
- dilution of liquid samples by diluted HNO₃, or a surfactant solution
- preparation of slurry of the powdered sample
 → ET AAS

when a non-destructive method* is to be used

- freeze drying and sealing into an ampoule
 - * Some non-destructive methods:

INAA (instrumental neutron activation analysis) XRF (X-ray fluorescence spectrometry)

Sample decomposition

- Aim: removal of the organic matrix of the sample (oxidation)
 - transfer of analytes into a solution

Decomp.: total (mineralization) or partial (solubilization)

• dry decomposition

- a classical one (dry ashing)
- modern versions of dry decomposition

• wet decomposition

- under normal pressure in open vessels
- <u>under high pressure</u> in closed vessels

Classical dry ashing

- it takes place <u>in an open vessel</u> (silica crucible, Pt crucible or dish, borosilicate glass beaker) under <u>atmospheric pressure</u> and <u>high temperature</u> (max. 450-550°C);
 <u>the sample is oxidised by air oxygen</u> → ash → ash solution (extract)
- sample weight 1-25 g of dry matter
- additional reagents (ashing aids): HNO₃, Mg(NO₃)₂, K₂SO₄, H₂SO₄
- application: unsuitable for determination of volatile elements (Hg)
- for As, Se or P determination an addition of Mg(NO₃)₂ is necessary

Dry ashing

Step	Temp., time	Device	Remark
1. drying	<110°C 1-2 h	drying oven or programmable furnace	optional addition of ashing aid*
2. charring	<350°C 8-20 h	hot plate or program. furnace	slow rise of temperature
3. combustion	450-500°C 12-20 h	programmable furnace	addition of ashing aid ** at the end of the step
4. ash dissolution	20-100°C 0,5-1 h	hot plate	final concentration of an acid (HCl or HNO ₃): 0,1-1 M

* mostly Mg(NO₃)₂

** addition of HNO₃, evaporation to dryness, ignition in the furnace at 450-500°C for 1-4 h

Advantages and disadvantages of dry ashing

- high efficiency of decomposition
- large sample weights
- low consumption of reagents
- low cost
- low safety risks
- losses of some analytes (volatile elements Hg, Tl, Se, As, P...)* → cannot be used for detn. of all elements
- sample contamination
- inconvenient for liquid samples
- time-consuming procedure

* losses of P, As, Se are negligible if $Mg(NO_3)_2$ is added as an ashing aid – convenient for As or Se determination by HG-AAS method

Classical wet decomposition

i.e. decomposition by mixture of inorganic acids under normal pressure and high temperature

- in general <u>more versatile than dry ashing</u> (but <u>unsuitable</u> for determination of halogenides F⁻, Cl⁻, Br⁻)
- duration of decomposition: several hours
- sample weight 0.5-3 g of dry matter, or less (0.2-1 g) when HClO₄ is used (risk of explosion!)
- crucial parameter time-temperature programme (it affects safety of the procedure and recovery of the elements)
- a semi-closed glass apparatus is necessary for determination of Hg

Reagents for wet decomposition

Reagent	t (°C)	Remark	
diluted HCl	60-120	sample hydrolysis only \rightarrow solubilization	
HCl+HNO ₃ (3+1)	60-120	for decomposition of soil samples	
HNO ₃ +H ₂ SO ₄	60-180	the most common mixture, losses of Se (As), insoluble Ca, Sr, Ba, Pb sulphates	
HNO ₃	60-120	low efficiency, losses of Hg	
HNO ₃ +H ₂ O ₂	60-120	low efficiency, losses of Hg	
HNO ₃ +H ₂ SO ₄ + H ₂ O ₂	60-180	losses of Se and As are lower	
HNO ₃ +H ₂ SO ₄ + HClO ₄	60-210	high efficiency, suitable for Se, As, Hg detn.; losses of Pb; risk of explosion!	
HNO ₃ + HClO ₄	60-200	no losses of Pb, higher losses of Hg; higher risk of explosion!	

When decomposition is completed HNO₃ is normally evaporated from the mixture.

Wet decomposition under high pressure

- a modern method used in analytical laboratories most often
- closed decomposition vessels
 - made of teflon (PTFE) temp. limit approx. 240 °C
 - made of silica glass used up to 320 °C
- <u>sample weight</u> 0.2-1 g of dry matter (a large sample weight → explosion!)
- <u>reagents</u>: HNO₃, HNO₃+H₂O₂, HNO₃+HF (only in PTFE)
- heating
 - conventional heating of the whole vessel
 - microwave heating \rightarrow easy control of the process

Pressure decomposition

- safety: sample oxidation produce a lot of gaseous products (nitrogen oxides, CO₂, water vapour)
 → pressure increases (units to tens of MPa); vessels are placed in massive jackets made of steel or PEEK; sensors monitor pressure and optionally both pressure and temperature inside the vessels; when pressure exceeds the chosen limit microwave heating is stopped; in the case of explosive reaction a controlled expansion occurs
- <u>efficiency of decomposition</u>: at t < 200 °C partial decomp. only (pressure solubilization); final t > 280 °C is needed to achieve the complete destruction of organic matter (necessary when a voltammetric method of determination is to be used)
- <u>duration</u> (decomposition and cooling): 20 min to 2 h

Advantages and disadvantages of pressure decomposition

- almost no losses of analytes
- minimal contamination
- much safer than decomp. using an HClO₄ containing mixture
- no difficulties associated with the use of H₂SO₄
- low consumption of acids
- fast decomposition (microwave)
 → automation

- expensive equipment
- low sample weight
 → a sample has to be homogenous
- lower efficiency at t < 200 °C
- resulting solution contains HNO₃

 \rightarrow interference in hydride generation determination of As, Se, Sb, Sn etc.

Analytes' separation and enrichment

- mostly done in one step
- separation needed when <u>analytical method is not selective</u> <u>enough</u> (some spectrophotometric measurements) or <u>in the case of strong interference caused by sample matrix</u> (ET AAS analysis of some difficult samples)
- enrichment (pre-concentration) for trace element analysis; <u>applied when analytical method is not sensitive enough</u>; prerequisite: a large amount of sample has to be available

Whenever separation and/or enrichment steps are not absolutely necessary leave them out of the procedure to keep the analysis as simple as possible. Highly sensitive and selective methods that do not require a separation step should be used preferentially.

Separation and enrichment methods

• extraction of metal chelates – formation of the metal complex with a suitable (mostly organic) reagent and its extraction from aqueous phase to organic solvent example: metal chelates with APDC – extraction into MIBK (methylisobutylketone)

 \rightarrow increased sensitivity of F AAS analysis

• **sorption at ion-exchangers** – e.g. preconcentration of transition metal ions on chelating ion-exchangers and separation from alkali elements and anions

Separation and enrichment methods

- analyte's conversion into a volatile species and its transfer to a gaseous state – applied e.g. in the <u>hydride generation technique</u> of AAS or ICP-OES for detn. of As, Se, Sb, Te, Sn... (formation of hydrides such as AsH₃...); or in the <u>cold vapour technique</u> of AAS for Hg determination
- electrolysis

the first step of determination of metals and some metalloids by electrochemical stripping analysis (e.g. stripping voltammetry)

electrodepositon of the analyte in the graphite furnace before its determination by ET AAS

List of analytical method

- classical chemical methods gravimetric and titrimetric
- spectrophotometric methods
- fluorometry (determination of Se)
- atomic absorption spectrometry
- atomic emission spectrometry
 - flame atomic (optical) emission spectrometry F AES, F OES (flame photometry)
 - inductively coupled plasma atomic (optical) emission spectrometry ICP-AES, ICP-OES
- mass spectrometry (namely ICP-MS)
- electrochemical methods: potentiometry, polarography and voltammetry

List of analytical methods

- other methods
 - HPLC: determination of anions (NO₃⁻, SO₄²⁻, NO₂⁻, NO₃⁻ Cl⁻, F⁻, I⁻...)
 - GC: determination of Se, determination of Hg and Sn compounds
 - isotachophoresis
 - NAA
 - XRF
 - PIXE

Gravimetric and titrimetric determinations of elements

Limitation: applicable for major elements only

Gravimetric determination of calcium

- CaC₂O₄ precipitation by ammonium oxalate
- substance weighed CaSO₄

Gravimetric determination of magnesium and phosphorus

- both Mg²⁺ and PO₄³⁻ can be precipitated as NH₄MgPO₄.6H₂O with a solution of ammonium phosphate or that of magnesium chloride, ammonium chloride and ammonia, respectively
- substance weighed Mg₂P₂O₇

Complexometric determination of calcium and magnesium

two back titrations

- determination of Ca + Mg sum an aliquot of sample + ammonia buffer solution (pH=10) + excessive amount of Na₂EDTA, titration of the excess with standard solution of Mg²⁺ using EBT as an indicator (blue → violet colour)
- determination of Ca

 an aliquot of sample + KOH (pH=12 → Mg(OH)₂ precipitation)
 + excessive amount of Na₂EDTA, titration of the excess with standard solution of Ca²⁺ using fluorexon as an indicator (pink colour → yellow-green fluorescence)

Titrimetric determination of chlorides

- Sample preparation:
 - dry ashing, ash leaching in hot water (+HNO₃)
 - hot water extraction of Cl⁻ from a sample, clarification of the extract (Carrez reagent)
- Argentometric determination
 - − Mohr's method: $Ag^+ + Cl^- \rightarrow \underline{AgCl}$ indicator K_2CrO_4 (excess $AgNO_3 \rightarrow$ red-brownish Ag_2CrO_4) potentiometric indication also possible
 - Volhard's method: back titration of Ag^+ excess with thiocyanate using $NH_4Fe(SO_4)_2$ as an indicator
- Mercurimetric determination:

Votoček's method: $Hg^{2+} + 2 Cl^- \rightarrow HgCl_2$ indicator: $Na_2[Fe(CN)_5NO]$ (excess of $Hg(NO_3)_2 \rightarrow$ white mist of $Hg[Fe(CN)_5NO]$)

Determination of elements by spectrophotometric methods

Principle

- chelate-forming reactions: metal cation + (organic) reagent
 → coloured product
- oxidation-reduction reactions: \rightarrow coloured product

absorbance measurement

Typical features of the methods

- complex procedures → time-consuming analysis (limited selectivity of analytical reactions in some cases)
- sensitivity is given by $b \cdot \varepsilon$ value

Spectrophotometric determination of phosphorus

- after wet digestion a sample contains H₃PO₄
- in acidic solution H_3PO_4 forms with an excess of molybdate a weakly yellow-coloured molybdophosphoric acid $H_3[P(Mo_3O_{10})_4]$ strongly absorbing UV light ($\lambda_{max} = 310$ nm).
- so called <u>molybdenum blue</u> is then formed by reduction of molybdophosphoric acid (using e.g. hydrazine, ascorbic acid, or ferrous ions etc.); molybdenum blue is a mixture of heteropolyacids of Mo in oxidation state V and VI; λ_{max} value is 660-820 nm (it depends on the reaction conditions); absorbance of the solution is proportional to P concentration (As, Si and Ge yield analogous products under similar conditions)

Spectrophotometric determination of iodine

- it utilizes catalytic action of I⁻ on Sandell-Kolthoff reaction
- an aliquot of the sample + arsenious acid + cerium (IV) sulphate

 $2 \text{ Ce}^{4+} + \text{H}_3\text{AsO}_3 + \text{H}_2\text{O} \longrightarrow 2 \text{ Ce}^{3+} + \text{H}_3\text{AsO}_4 + 2\text{H}^+$ after a specific period of time (e.g. exactly 20 min) the drop of Ce^{4+} concentration is measured e.g. based on subsequent reaction of Ce^{4+} ions:

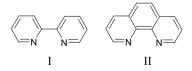
$$Ce^{4+} + Fe^{2+} \rightarrow Ce^{3+} + Fe^{3+}$$

formation of ferric ions is detected with thiocyanates (\rightarrow red-coloured product, λ =480 nm); calibration within the interval of 0 to 50 ng I calibration line (A vs. m_I) has a negative slope

Spectrophotometric determination of iron

- in an acidic solution (HCl) Fe³⁺ gives a red complex with thiocyanate
 Fe³⁺ + n SCN⁻ →[Fe(SCN)_n]³⁻ⁿ
- in weakly acidic solutions (pH 3-6) Fe²⁺ gives red or red-orange complexes with 2,2'-bipyridine (formula I) or 1,10-phenanthroline (formula II) Fe³⁺ is firstly reduced to Fe²⁺ with NH₂OH.HCl

Fe²⁺ + 3 bipy →[Fe(bipy)₃]²⁺ (λ = 522 nm, ε = 8700 l.mol⁻¹.cm⁻¹) Fe²⁺ + 3 phen →[Fe(phen)₃]²⁺ (λ = 512 nm, ε = 11000 l.mol⁻¹.cm⁻¹)



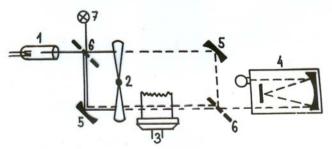
Determination of elements by atomic absorption spectrometry

Techniques of AAS

- flame (F AAS)
- electrothermal (ET AAS), graphite furnace (GF AAS)
- hydride generation (HG AAS)
- cold vapour (CV AAS)

Note: hydride generation and cold vapour techniqus are sometimes designated as *vapour generation technique* – VG AAS

Scheme of AAS



- 1 hollow cathode lamp
- 2 beam modulator
- 3 absorbing area (flame, electrothermal atomizer)
- 4 monochromator and detector
- 5 concave mirrors
- 6 semipermeable mirrors
- 7 deuterium lamp

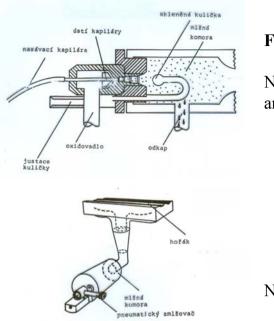
Flame AAS

- determination of metals, boron and silicon at conc. approx. 10⁻²-10² mg/l
- sample solution in diluted mineral acid → aerosol →
 → flame (evaporation and atomization) →
 → absorbance measurement
- flames
 - C₂H₂-air: atomization of Na, K, Mg, Ca, Mn, Fe, Ni, Cu, Zn, (Co, Cd, Pb – high concentrations only)
 - C₂H₂-N₂O: atomization of Al, Ca, Mg, Sr, Ba, Sn, (Mo, V, Cr...)
- fast, cheap analysis, easy automation possible

F AAS

Sensitivity of F AAS measurement is expressed indirectly as so called *characteristic concentration* = the conc. of the element (in mg/l) resulting in absorbance A = 0.0044.

Element	λ (nm)	Flame	Characteristic	
			concentration (mg/l)	
Zn	213.9	air-C ₂ H ₂	0.007-0.010	
Pb	217.0	air-C ₂ H ₂	0.07-0.10	
Al	309.3	N_2O - C_2H_2	0.75	
Мо	313.3	$N_2O-C_2H_2$	0.50	



F AAS

Nebulizer and spray chamber

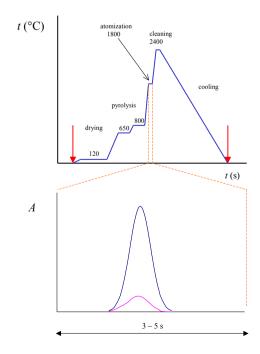
Nebulizer - burner system

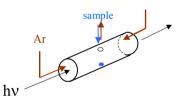
Application of F AAS

- determination of Na, $K C_2H_2$ -air flame addition of deionisation agent CsCl
- determination of Mg, Ca
 - C₂H₂-air flame addition of releasing agent (typically LaCl₃) is necessary
 - C₂H₂-N₂O flame addition of deionisation agent (CsCl or KCl) is necessary
- determination of Mn, Fe, Ni, Cu, $Zn C_2H_2$ -air flame (Fe, Ni: C_2H_2 -N₂O is also possible)

Electrothermal AAS

- highly sensitive method for determination of elements at 10^{-2} - $10^2 \mu g/l$ concentrations
- atomizer: mostly graphite furnace (tube)
- injection of a single volume of sample $(5-50 \ \mu l)$ into the tube
- steps of analysis: injection
 - drying
 - pyrolysis (thermal decomp., "ashing")
 - atomization
 - cleaning of atomizer
 - cooling
- temp. programme is chosen according to properties of the element, sample composition and the type of atomizer
- slow analysis (1.5-4 min), expensive instruments





Processes taking place in the tube during determination of Pb

drying: $Pb(NO_3)_2(aq) \rightarrow Pb(NO_3)_2(s)$ pyrolysis: $Pb(NO_3)_2(s) \rightarrow$ $\rightarrow PbO(s) + 2 NO_2(g) + O(g)$ atomization: $PbO(s) \rightarrow PbO(g) \rightarrow Pb(g) + G$

 $PbO(s) \rightarrow PbO(g) \rightarrow Pb(g) + O(g)$ $PbO(s) \rightarrow Pb(s) + O(g)$ $Pb(s) \rightarrow Pb(g)$

Application of ET AAS

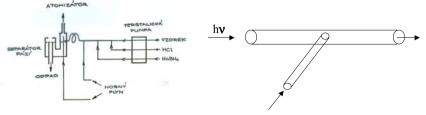
- determination of trace amounts of Pb, Cd, Tl, Al, Cr, V, Mo, Co, Cu, Sn, (As, Se, Sb) etc.
- samples: decomposed samples (mostly in HNO₃)
 - biol. fluids (blood, plasma, milk, urine...)
 and beverages with or without decomposition
 slurries of powdered solids
- addition of matrix modifiers (e.g. $NH_4H_2PO_4 + Mg(NO_3)_2$, Pd comp.) \rightarrow optimum course of pyrolysis and atomization

	λ (nm)	t _{pyrol.} (°C)	t _{atom.} (°C)	characteristic mass (pg)	detection limit (20 µl injection)
Cd	228.8	300-800	1400-1600	0.35	approx. 0,01 µg/l
Pb	283.3	400-850	1600-1800	12	approx. 0.25 µg/l

* it depends on the type of atomizer, kind of sample and matrix modifier

Hydride generation AAS

- applied for detn. of As, Se, Sb, Te, Bi, Ge, Sn, Pb (metals and metalloids forming gaseous hydrides i.e. binary compounds with hydrogen)
- hydride formation takes place in so called *hydride generator* (continuum type is shown) mostly in HCl solution by sample reaction with NaBH₄; analyte is then transferred to a gaseous state and delivered to an *atomizer* (mostly heated quartz T-tube)



hydride + hydrogen + carrier gas (Ar or N₂)

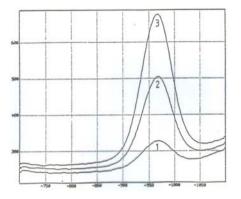
Chemistry of As and Se determination by HG AAS

- sample decomposition (wet digestion HNO₃ + H₂SO₄ (+HClO₄) or dry ashing with s Mg(NO₃)₂ and dissolution in HCl) is accompanied by oxidation of the analytes to high or the hihgest oxidation state ⇒ reduction to lower ox. state (As^V→ As^{III}, Se^{VI}→ Se^{IV}) is needed: H₃AsO₄ + 2 I⁻ + 2 H⁺ → H₃AsO₃ + I₂ + H₂O H₂SeO₄ + 2 Cl⁻ + 2 H⁺ → H₂SeO₃ + Cl₂ + H₂O
- reaction of the reduced compound with sodium borohydride (NaBH₄) in acidic solution (most often HCl) : BH₄⁻ + H⁺ + 3 H₂O \rightarrow H₃BO₃ + 8 H H₃AsO₃ + 6 H \rightarrow AsH₃ + 3 H₂O H₂SeO₃ + 6 H \rightarrow H₂Se + 3 H₂O
- the hydride (AsH₃ or H₂Se) yields atoms of analyte under high temperature in the atomizer via thermal dissociation and radical reactions; trace of oxygen is necessary to be present
- absorbance at 193.7 nm (As) or at 196.0 nm (Se) is measured – detection limit approx. 0.1-0.3 µg/l

Electrochemical methods

- potentiometry wit ISE: determination of F-, Cl-, NO₃⁻, NO₂⁻
- classical polarography (DC) determination of Zn, Cu, Sn : $M^{2+} + 2 e^- \rightarrow M$ (M = Zn, Cu) $Sn^{4+} + 4 e^- \rightarrow Sn$ (only in HCl solution) determination of I⁻ : I⁻ + 3 BrO⁻ \rightarrow IO₃⁻ + 3 Br⁻ IO₃⁻ + 3 H₂O + 6 e⁻ \rightarrow I⁻ + 6 OH⁻
- differential pulse polarography (DPP) and voltammetry (DPV) – paek-shaped curves, much lower detection limits in comparison with classical polarography

Voltammetric determination of Zn

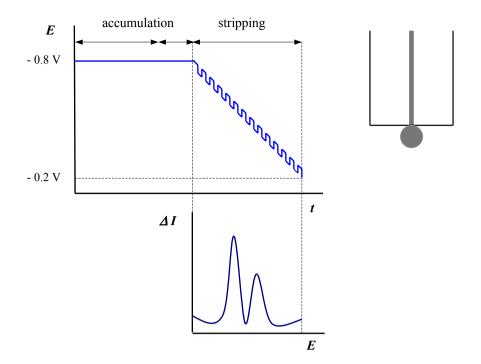


DPV $E_{\rm p} = -700 \, {\rm mV}$

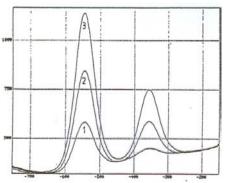
- (1) : 5 ml sample in 0.1 M HNO₃ + 1.5 ml 1M CH₃COONa
- (2) : (1) + 5 μ g Zn, V = 6.75 ml
- (3) : (1) + 10 μ g Zn, V = 7.0 ml

Electrochemical methods

- stripping voltammetry intended for trace and ultratrace analysis
 - anodic stripping voltammetry (ASV, DPASV)
 - using Hg electrodes: detn. of Cd, Pb, Cu, Zn, Tl, Bi... (see the scheme at the following page)
 - using Au electrodes: detn. of Hg, Se, As
 - cathodic stripping voltammetry (CSV, DPCSV): determination of Se, As, I...
- main features of stripping voltammetry (compared with and spectrometric methods):
 - very low detection limits (comparable with ET AAS or lower)
 - time-consuming analysis
 - relatively cheap instruments
 - sample decomposition has to be absolutely complete



Voltammetric determination of Cd and Pb



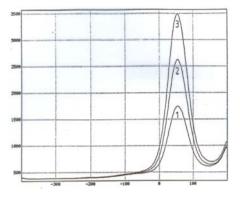
DPASV

$$E_{\rm d} = -750 \text{ mV}$$

 $t_{\rm d} = 90 + 20 \text{ s}$

- (1): 5 ml sample in 0.1M HNO₃
- (2) : (1) + 100 ng Cd, Pb, V = 5.1 ml
- (3) : (1) + 200 ng Cd, Pb, V = 5.2 ml

Voltammetric determination of Cu



DPASV $E_d = -400 \text{ mV}$ $t_d = 10 \text{ s}$ (1) : 5 ml sample in 0.1M HNO₃ (2) : (1) + 1 µg Cu, V = 5.05 ml (3) : (1) + 2 µg Cu, V = 5.1 ml

Other analytical methods

- ICP-OES:
 - multielement analysis
 - determination of all metals and some non-metals (S, P)
 - wide linear dynamic range
 - detection limits comparable with F AAS or lower
 - high-cost instruments (comparable with ET AAS)
 - high operating costs
- ICP-MS
 - multielement analysis
 - determination of all elements except of noble gases, H, C, N, O and F
 - very wide linear dynamic range
 - detection limits comparable with ET AAS or lower
 - cost of the instrument: high or extremely high
 - high operating costs